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Saving Lives Since 1995

Annual Report

2019 – 2020



Director's Note



Dear Friends,

Completing Twenty-five years is definitely an indicator of success, whichever way one looks at it. For Sankalp Rehabilitation Trust, it's an occasion to indulge in the fact that we've managed to stay true to our mission of serving those who are marginalised due to their disease or poverty. Basically serving those who none others are willing to serve – 'the street drug users'. No doubt a very tough proposition when funds are not easy to access and needs are growing. It has all been made possible by each one of you, who support us in various ways and keeps us motivated.

Our journey over the years have moved from Residential Detox & Rehab, to Harm Reduction to Home Care of HIV and Prison Programs to forging Networks for HIV/AIDS, Hepatitis C & TB to Activism for Access to Medicine and even Covid focused interventions for our clients. It has never been according to our fixed agenda but the needs arising from the Community.

We ask for your prayers and continuous support as we launch new programs in TB Treatment Advocacy and focus on Adolescents interventions. Our strength lies in the support you provide.

Thank you!

A handwritten signature in black ink, appearing to read 'Eldred Tellis', with a stylized flourish at the end.

Eldred Tellis
Executive Director

Note from Founder Trustee and Retd. D.G. Police, Maharashtra, Mr. A.V Krishnan



It was sometime in the latter part of the year 1994, the year before I retired as the chief of the state's police force, my classmate at St. Xavier's Counselling Training Course, Dr. Manish Thakkar introduced me to a young man named Eldred Tellis. The latter had a dream and he sought my support to which I agreed. Thus was born "SANKALP REHABILITATION TRUST". We had no funds or space, only Eldred's energy and enthusiasm as the sole resource. He had a mission and a clear vision. I did not have the slightest idea about substance abuse or rehabilitation. Eldred knew what to do and where to begin. The first centre was an unkempt, inadequate room from where Eldred has built up this Trust to the big organisation it is today with multiple centres, dedicated trustees and committed support staff serving thousands.

Setbacks were many, like when a prominent film personality, after promising huge financial and other support, suddenly said sorry, too busy or the multiple threats to the scanty space in which we were somehow managing. It was always Eldred's determination and tireless energy kept us moving forward. Things fell into place when we hit upon the idea of providing service and getting sponsorship in return. We worked among police personnel, jailers, and truck drivers of oil companies besides stray addicts requiring aid.

The harm reduction programme, which included needle syringe exchange, was a bold step as it put Eldred and his field volunteers in confrontation with those who did not understand how this worked. Persistence, however, paid off.

With performance to show came financial support. Besides Eldred's personal attributes I have mentioned, his expertise was of great help. He could network, offer assistance to other NGOs, develop contacts in India and abroad and attract funds from various sources.

Others joined the caravan, as trustees and in other capacities, to assist in and contribute to Sankalps growth. With my moving home to Pune, my active association was somewhat reduced. The trustees, committed staff and well-wishers along with the towering Eldred Tellis, have taken Sankalp Rehabilitation Trust from strength to strength, making significant contribution in reducing the spread of HIV AIDS and other harms associated with drug use. After 25 years, the picture today is far beyond what I had imagined when I had offered to assist the young man with a dream in whatever little way I could.

My admiration and congratulations to Eldred Tellis and to all others associated with SANKALP over the years. My good wishes to all and hope Sankalp continues overcoming challenges and growing further, carrying on its yeoman service in a very difficult area of social service.

Our Milestones over 25 years

1997-99

- Three Drop-In Centre's opened throughout the Mumbai district

2002

- Wins litigation against Govt. of India on a 'Right to Health' issue.

2002

- Also reinstated 'Right to Marry' for HIV positive people.

2004

- Crisis Care Shelter for IDU's opens

2008

- Received the Red Ribbon Award from UNDP/UNAIDS

2007

- Founder and Director Eldred Tellis named an Ashoka Fellow

2007

- Sustainable Livelihood Program launched

2004

- Prison Rehabilitation program begins

2010

- Began Rehabilitation Centre at Mulshi, Pune

2011

- New Detoxification centre opened (ALF) earlier Vithalwadi, now Vasai

2011

- Received Global Fund grant to train NGOs in Gujarat, Maharashtra & Goa & become a 'Learning Site'

2012

- Sankalp wins litigation against ROCHE to break their patent for Pegylated Interferon

2019

- Post grant opposition on Velpatasvir and Cabotegravir

2017

- Half-way home started for street based clients

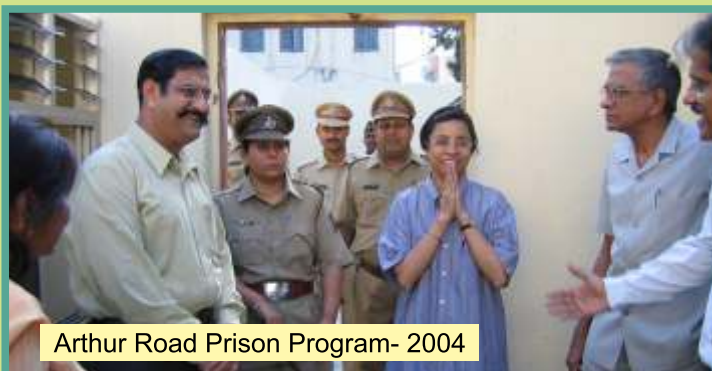
2015

- Pre- grant oppositions against new Hep C drug Sofisbuvir against Gilead

2014

- Director, Eldred Tellis felicitated by the church, on the occasion of the Golden Jubilee of the Eucharistic Congress in India

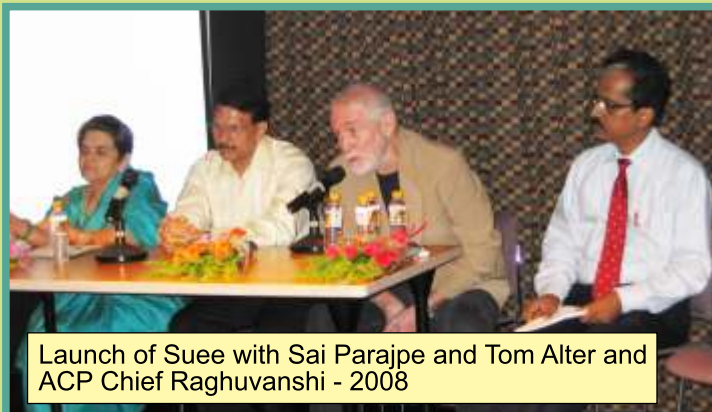
Reminiscence of the years gone by



Arthur Road Prison Program- 2004



Inaugurating Nivara in - 2003



Launch of Suee with Sai Parajpe and Tom Alter and ACP Chief Raghuwanshi - 2008



NCB Officers Training, Hyderabad - 2013



Global Fund Reintegration Training - 2015



Our Trustees - 2004



Durban March - 2016

Patent oppositions in our Sankalp for 'Access to Medicines'.



According to the World Health Organization (WHO), about one-third of the world's population and about half of the population in Asia's poorest countries, lack access to medicines and treatment. India too has large numbers of people, almost forty percent, living below the poverty line, and an illness in the family is an added economic burden on the household income, that pushes the family into further levels of poverty, at times, making them debt ridden. According to the WHO, almost ninety percent of people, in low and middle income families, pay for medicines out their own pocket.

Prices of medicines for many communicable and non-communicable diseases are way out of reach of the common man. Some medicines for Hepatitis C, HIV, cancer, TB etc. are very highly priced and unaffordable, leaving the patients with no choice, other than to forgo a treatment that is otherwise available.

Patents on pharmaceutical products have become the biggest barrier to access to affordable medicines and treatment. Patents wrongfully granted for medicines that are mere improvisations, or discoveries, of already known substances, provide monopolies for almost 20 years. Small improvement on earlier known substances, that have no significant improvement in efficacy or impact of the drug, are obvious to persons skilled in the art, ought not be patented, as they are not new inventions. Monopolies give rise to control of production, distribution, manufacturing of the patented product and in setting high prices for the medicines required for treatment and cure.

Thus, it is important that patent applications are scrutinized properly, with strict application of the law of Patents in India that includes an important section of the non-patentable criteria of pharmaceutical patents. India also has an important provision of pre-grant and post-grant oppositions of patent application and patents granted, respectively, that allows for any person, or any person interested, to oppose the grant of monopoly rights on certain grounds as laid down in the Patent Act.

Sankalp Rehabilitation Trust filed its first Post grant opposition of Pegalated Interferon of Roche in 2007 which achieved a landmark judgment in 2012 when the Patent was revoked. Support was given in the fight against Novartis 'Glivec' which was also successful in early 2012. Subsequently Sankalp & Director Eldred Tellis have filed many oppositions, Pre & Post Grant for drugs related to HIV, Hepatitis C and TB. Presently more than 10 litigations continue in Sankalp's Access to Medicines Campaign to make lifesaving drugs available to ALL.

Snapshot of Sankalp

Website: www.sankalptrust.org ■ **Headquarter:** Mumbai ■ **Year Founded:** 1995

Organization Type	Non profit
Sectors	Health & Education
Geographical focus	Maharashtra
Organization Expenditure 19-20	INR 71,61,649/-
People reached till date	Sankalp has reached more than 22,500 drug users directly, and has impacted many more family members.
Legal Certification	Sankalp Rehabilitation Trust is registered as a Charitable Society under the Bombay Public Trust Act 1950 Registration Number E15459 (Mumbai), and is also registered under Sec 12A. Sankalp Rehabilitation Trust also has tax exemption under Section 80G of the Income Tax Act. Further, Sankalp Rehabilitation Trust has certified clearance to receive foreign funding under the Foreign Contributions Regulation Act Registration Number No. 083780842 up to November 2021.

Organization Overview

Founded in 1995, Sankalp Rehabilitation Trust provides care and support to street-based drug users and seeks to prevent the spread of HIV/AIDS in Mumbai, India. These drug users, 70% of whom are migrants, mostly inject 'brown sugar', a crude form of heroin. Blood-borne infections constitute a major health issue for Injection Drug Users (IDUs), with major implications for the rest of society as well. From among Sankalp's own patients, approximately 9.5% of IDUs were HIV-positive and another 34% were infected with Hepatitis C.

Since most of the street-based drug using population uses brown sugar, and since it is often administered by injection, steps need to be taken to keep these users free from infection, healthy, and alive until they can find help and make the decision to quit drugs. That's where Sankalp's philosophy of Harm Reduction comes in, providing users with healthcare services to reduce rates of transmission and prevalence of HIV and Hepatitis C, monitoring other infections (especially TB), and lowering levels of crime. Finally, this work helps many drug users connect to a network of support and programs like detoxification and rehabilitation which are available when each person is ready.

Program Overview

Since its inception in 1995, Sankalp has been providing much needed and otherwise non-existent services. In early 1997, Sankalp began family therapy in New Bombay since there were many affected families unable to access help. Sankalp also assisted with setting up a halfway home and skill building units for stand-alone rehabilitation centers which were not previously offering any follow up.

After a 5-city Rapid Situation Assessment in 1999, Sankalp began its harm reduction activities in Mumbai and has till date engaged more than 80% of the IDU population in the city with its activities.

During early years of discrimination, Sankalp both successfully fought legal battles with government-run institutions for the right to healthcare, and has been instrumental in getting the ART program started in the country. The activism through legal battles with big pharma companies like Roche and Gilead helped make drugs accessible and affordable for those suffering from Hepatitis C.

Sankalp was also committed to supporting the non-injecting population and therefore provided treatment through models of abstinence, like detoxification, and rehabilitation centers. With the strong need to reintegrate into society, livelihood programs also took shape. Sankalp can boast of many of its support group members having benefited from these interventions and becoming productive citizens of the country.

Sankalp Rehabilitation Trust ran the following projects in Mumbai / Pune throughout the year

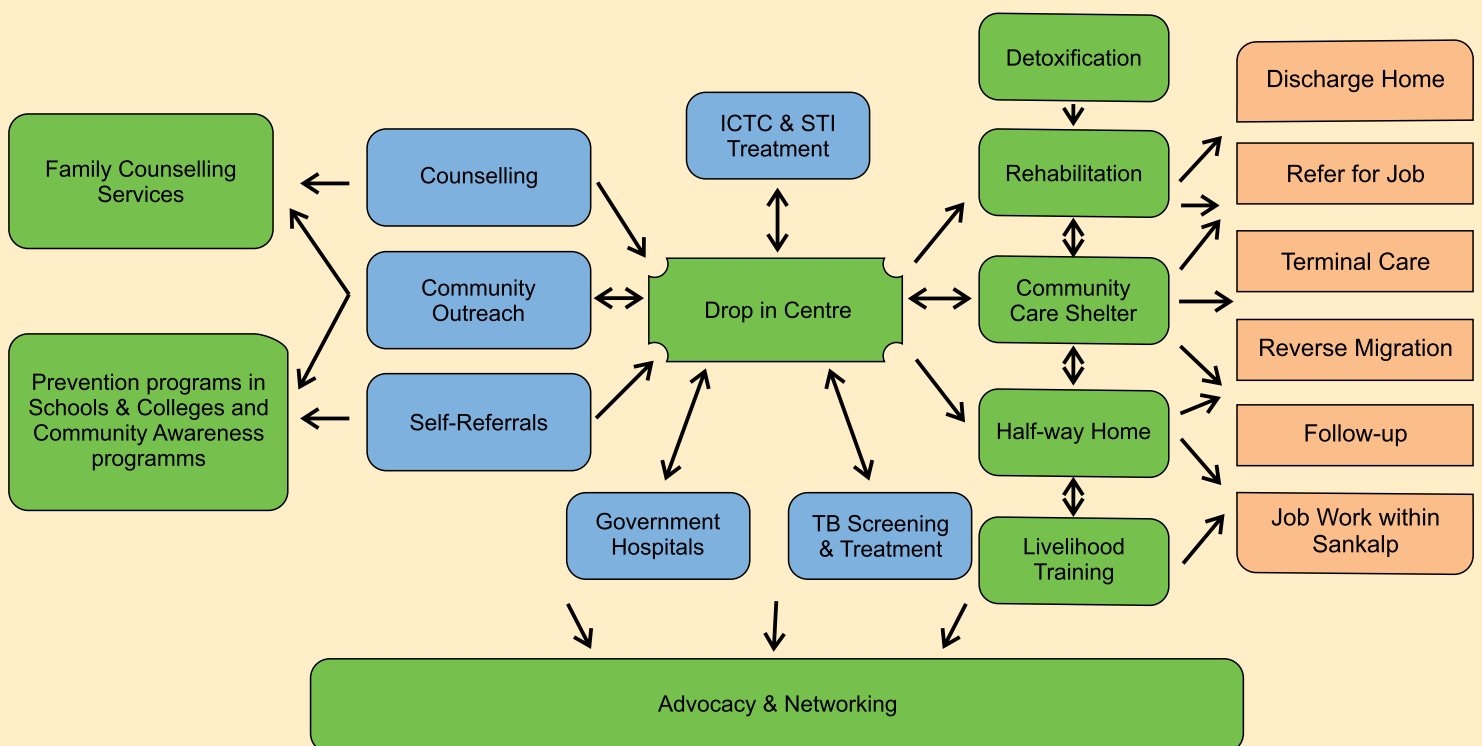
- Targeted Intervention for IDUs supported by MDACS
- Detoxification Centre supported by Inspirasia
- Rehabilitation Centre with T.C. Model in collaboration with Lords Ranch Trust
- Halfway Home supported by Inspirasia
- UN Drug Awareness Program supported by DHL
- Family Services Unit supported by DHL
- Community Care Centre through crowd funding

Leadership

Since its beginnings, Sankalp has reached more than 22,500 drug users directly, and has impacted many more family members. From helping clients return to and support their families, to become productive members of society, or even to die with dignity, Sankalp has contributed to improvement in the quality of its clients' lives and the lives of their family members in numerous ways. Legal decisions achieved through Sankalp's activism and litigation have impacted millions, not only in India but around the world.



Continuum of Treatment





Mission, Objective, Vision & Values

MISSION

Sankalp Rehabilitation Trust seeks to improve the quality of life of drug users and their families.

OBJECTIVE

To dramatically reduce the rate of infection from HIV and Hepatitis C amongst injecting drug users in Mumbai, to aid drug users in rehabilitation by providing informal education, sustainable livelihood training, and medical support, and to advocate on behalf of the drug users and their families.

VISION

Adhering to a progressive harm reduction strategy of outreach and education, needle and syringe exchange, drug substitution, detoxification and rehabilitation, personal and group counseling, and continuous care, Sankalp aims to diminish the number of people addicted to drugs in Mumbai, minimize the spread of blood borne viruses, and reintegrate users into society.

VALUES

Integrity

Innovation

Inclusiveness

Efficiency

Our Programmes

Targeted Intervention – Drop-In Centre

Sankalp's Drop-in Centre (DIC), spearheaded by outreach workers and peer educators, is at the heart of our harm reduction efforts in the community of injecting drug users (IDUs). The centre offers a multitude of low-threshold services including health education, counseling, and Opioid Substitution Therapy (OST), all designed to lower the negative consequences and risks associated with drug use. The environment of acceptance, peer support, and continued care is vital in motivating IDUs towards recovery and



reintegration into society. Staff members follow up with clients to provide consistent support, offer guidance in managing illnesses like TB, HIV, and Hepatitis, and hold daily community meetings to facilitate reflection and sharing about users' experiences. The Drop-in Centre is a lifeline to Sankalp's holistic continuum of care that supports the health and rehabilitation of IDUs. This year, we had 31 new clients, taking the total number of IDUs who benefited from our Harm Reduction programme at the Drop-in Centre to 1605.

Key Outreach Services

Sankalp's initial point of contact with the IDU community is through our staff of Outreach Workers (ORWs) and Peer Educators (PEs), many of whom are former or current drug users, and who themselves are on the road to recovery. Through persistent follow up and daily field visits, they educate users about safe injecting practices and abscess management, and carry out needle and syringe exchange. The latter program, in which IDUs return used and dirty needles and syringes to Sankalp staff in exchange for new, sterile ones, is a cornerstone of our harm reduction strategy. It helps reduce the spread of blood-borne viruses, decreases the risk of developing abscesses, and creates health awareness amongst the target population. Our outreach efforts also include bi-monthly community meetings in 'hot spots' frequented by IDUs, where staff raise awareness and encourage new clients to utilize Sankalp's key services. Throughout the year, a total of 15056 needles and 8346 syringes were exchanged with IDUs.

Counseling

The Drop-in Centre offers a range of counseling services that are integral to providing clients with holistic support. Each client is individually counseled to identify and examine the origin and patterns of their drug use, contributing environmental and psychosocial factors, and HIV status and Hepatitis C triggers. Group

counseling sessions enable peers to motivate themselves and each other by sharing their life experiences, family relationships, and understanding of harm reduction strategies. Wherever feasible, clients' families are also counseled to bring about reconciliation, encourage healthy support, and thereby assist users' rehabilitation and reintegration into society. During the year 388 individuals were counselled.



Personal Health

Our Drop-in Centre is equipped with clinics that are attended daily by a doctor and nurse. The medical staff takes care of the various medical needs of our clients, ranging from diagnostics and distribution of medicine to abscess management. The doctor's main responsibility is to monitor each client's induction process and possible tapering off of Opioid Substitution Therapy (OST). Patients who need additional care and treatment for HIV or TB are referred to appropriate community care centers, critical care facilities, and local government hospitals. We make sure that those referred to public hospitals are given access to bathing facilities and fresh clothing at the DIC, in order to minimize any discrimination they may face there and to help ensure they are not refused treatment.

Opioid Substitute Therapy

This therapy is the backbone of Sankalp's mission of Harm Reduction, as it helps reduce injecting drug use as well as its associated health risks. It enables IDUs to taper off their opioid use in a safe and effective manner, using an oral substitute that eliminates the use of needles and syringes, and thus eliminates the risk of spreading blood-borne infections and developing abscess. The effects of the oral substitute we dispense, known as Buprenorphine, are long-lasting, do not cause euphoria, and come with a lower risk of dependency and addiction. OST is a fundamental part of the process of helping clients move towards rehabilitation and re-entry into mainstream society. This year there were 16 new registrations on OST, taking the total count to 773 clients registered.

Referral Services

Various specialized medical referrals take place at the DIC. Before referring clients for HIV testing, our counselors perform a risk assessment and educate them on how to interpret test results. Clients are then directed to 'Integrated Counseling and Testing Centre' at Nair Hospital or Gaurabai Hospital. Those who test positive are then assisted by peer educators throughout the pre-registration process for antiretroviral therapy (ART), and are asked to repeat CD4 tests every six months. Until recently, only clients with CD4 levels below 350 were referred for ART, however recent UN recommendations have called for a "test and treat" protocol; Sankalp has been creating this awareness in the community.

Those with complaints of persistent cough are referred to nearby DOTS centres, where they undergo TB screenings. We are also grateful to our network partners, Médecins Sans Frontières (MSF), who helped us with Hepatitis C testing and treatment. This year, 727 STI screenings were conducted, out of which 7 individuals were found to be positive. 466 HIV tests were done, of which 5 people were reported positive and put on treatment.

Mumbai Central Drop-in-Centre
Performance Indicator – 1st April 2019 – 31st March 2020

Outreach Services

Total clients ever registered 1605

New registrations for the year 31

STI & ICTC

Screened for STI 727

Tested for HIV 466

Condom Distribution

Condoms Distributed 3474

OST

Ever registered on OST 773

New registrations of OST 16

Average individuals regular on OST 67%

NSEP

Needles were distributed 6079

Syringes were distributed 3266



Detoxification Centre:

Sankalp Disha

The Detoxification Centre is located at Vasai (west) in Palghar, district. This place is spacious and is located in a calm and serene environment, thus providing a good atmosphere for healthy recovery of the clients. This centre provides adequate provisions for medical examinations, medicine dispense and storage, counselling and record keeping. There are also orientation sessions for those opting to go to rehab and referrals to further psychiatric medication in centres for those with dual diagnosis.

Admissions:

From the period of 1 April 2019-31 March 2020 there were total of 183 clients admitted for the detoxification treatment at the centre. Out of these we had 5 clients who were *HIV Positive*.

The following table indicates division of total number of admissions in each mode of Substance use/intake.

Injecting Drug Users (IDUs)	Chasers	Alcoholics	Others
46	62	39	36

Services:

Sankalp Disha Detoxification centre provides various services to the clients who seek treatment for substance abuse. The services include Medical Consultations, Counselling, family support and counselling along with referrals for rehabilitation, further treatment and follow-up.

■ **Medical Services:**

Physician and Psychiatrist work to minimize the effects of withdrawal and make the treatment process smoother for clients. In the Detoxification Centre clients are treated for the variety of withdrawal conditions such as vomiting, body ache, abdominal cramps, diarrhoea, tremors, weakness, insomnia, and substance - induced delirium, hallucinations, etc. The Psychiatrist also tapered Oral Substitution Therapy (OST) to help patients minimize or reduce craving for the drug and be able to make their decision to quit drugs firmer.

■ **Counselling Services:**

As the disease of addiction makes a person physically and psychologically dependent, clients require personal and intensive counselling to deal with their obsession. The counsellor also motivates the client to enter the next stage of treatment based on his needs. Individual counselling sessions are focussed on dealing with craving and management of withdrawals, acceptance, motivation for further

treatment, dealing with thoughts, emotions & feelings, and sexually transmitted diseases e.g. HIV/AIDS, HCV etc. Group counselling sessions are focussed on understanding addiction as a disease, behavioural and cognitive strategies to deal with cravings, relapse prevention, motivation and information to maintain sobriety, techniques for stress and anger management, etc. Family counselling sessions focus on helping families understand nature of addiction, accept and support

Total number of Individual Counselling Session	946
Total number of Group Counselling Session	716
Total Family Counselling sessions	415

■ Referrals:

After completion of detoxification treatment those clients who want to improve quality of their life are referred to **Good Shepherd Recovery Home**, Pune for 4 months programme.

Clients who suffer from illness which cannot be treated at the centre and requires immediate attention are also referred to nearby local hospital. Clients who are diagnosed with psychiatric disorders are referred to psychiatrist for further treatment. Clients who are English illiterate or semi-literate and who does not have any other skills and are interested in learning basic computer skills are referred to Sankalp's Livelihood Programmes. However, we have temporarily discontinued our livelihood programme since the space utilized for the service has come under litigation.

■ Follow-up Services:

Maintaining regular follow-up of the Clients who have completed Detoxification is a very important activity of the Centre as it helps to know their recovery status and to provide them with continuous support and counselling. Clients and potential clients who could be accessed over the telephone are contacted in regular intervals. During this period of twelve months a total of 804 clients were contacted and counselled.



Good Shepherd Recovery Home

Set up in January 2010, Good Shepherd Recovery Home (GSRH) is our rehabilitation centre located in the peaceful and scenic surroundings of Pune, near the Warasgaon Dam. Here, clients undergo a four-month long structured and comprehensive rehabilitation experience, where our well-trained, experienced, and dedicated staff introduces them to a range of therapeutic approaches to recovery. GSRH accepts clients from every strata of society and age group, from 18 to 70 years of age, but primarily aims to serve the most marginalized individuals, including HIV positive drug users.

The rehabilitation programme is based on Evidence Based Programmes (EBPs) that are designed to restore the self-image and self-respect that drug users or alcoholics tend to lose during their using period. The residential programme includes individual and group counseling sessions, therapeutic listening and problem solving programmes, and tackles individuals' specific life situations with tailored strategies. The staff also organizes a range of therapies and tutorials for the mind, body, and soul through team games, physical exercises, meditation sessions, intensive group therapy, and exposure to the Narcotics Anonymous programme.

In addition to the psychological and social support that clients receive, work therapy is an important part of the rehabilitation process. Clients participate in vegetable gardening, poultry farming, cooking, maintenance, and cleaning. During these work therapy sessions, the supervisor or counselor's keen eye easily detects clients' hidden talents, aptitudes, and skills. This is essential for encouraging, training, and further equipping clients when they are ready to enter mainstream society.

In conjunction with clients' participation in GSRH, family involvement is highly recommended, since positive and healthy relationships are a vital source of support during an addict's recovery process. Therefore, a trained family counselor from Sankalp Rehabilitation Trust holds monthly meetings with families following a self-help model, with the counselor acting as a facilitator and encouraging family members to cooperate and help each other. These activities help family members learn to address their own issues that may have contributed to the patients' drug use, and provide a positive environment for clients returning home from the rehabilitation centre.

This year, we had a total of 32 new clients enter the rehabilitation programme. A majority of those clients are still in touch with Sankalp, and are living clean, responsible and healthy lives.



Halfway Home

Many who are recovering from substance abuse issues find that in order to remain sober immediately following treatment, they must immerse themselves in a sober living environment. For many patients, living in a Halfway Home that offers a positive, drug and alcohol-free, group living environment can be a helpful and crucial step along the way to ultimate recovery. Whether referred to as a 'sober living home', a 'halfway home' or a 'sober house', all these names refer to a drug and alcohol-free, community living environment intended as a transitional living phase for those who have attended a residential rehab facility for drug or alcohol addiction.

Those in recovery who have lost a lot during active addiction benefit greatly from having a transitional period, to ensure that they are stable in their recovery before going home to deal with the stressful situation left behind. Most of those coming to Sankalp Rehabilitation Trust are street drug users and need to start life from scratch. Spending time at a Halfway Home can increase the chances of long-term recovery, because it further prepares a person for dealing with real-life situations once again.

With this need in mind, we decided to utilize additional space above our Detoxification Centre premises as a Halfway Home, to support those in treatment who are without a home in Mumbai. A top floor was constructed which houses 6 beds for these clients.

The objective is to offer a positive place for recovering addicts to find recovery support in their peer group, and allow residents to work on their unique recovery program towards becoming completely self-supportive and reintegrated into mainstream society. The services available at the Halfway Home are very similar to what is offered through treatment, but because the home allows the freedom to live a normal life, clients have the opportunity to take what they are learning and immediately apply it to real-life situations. Whether one is successful or not in their daily dealings, they can take their experiences back to a stable and positive environment where a counselor, doctor, or therapist can help analyze it.

This Halfway Home is yet another step closer to delivering a comprehensive and integrated continuum of services to our clients. During the year, we had a total of 27 individuals utilizing this service and greatly benefiting from it.

Family Services Unit



When recovering from addiction, family engagement is key. The family needs to heal from damages caused by addiction. At the same time, the family plays an integral role in their loved one's rehabilitation and recovery process. Studies show that treatment approaches that involve the family have better engagement, higher rates of success, and increased aftercare participation.

At Sankalp, we believe that to treat the addicted person, we need the knowledge, experience, and support of the entire family. We understand that families affected by drugs and alcohol need healing just as much as the addict. We firmly believe that dealing with family problems forms the basis for a lifelong recovery—for everyone.

What We Do

Help Families of Drug Users – Addiction to drugs or alcohol affects entire family systems. Every family member experiences pain and dysfunction that must be addressed and treated in order for the family to have a chance of healing and becoming whole. We will involve family members in an individual's drug and alcohol treatment to help them achieve a better understanding of addiction, family dynamics, relationships, the cycle of enabling, and other issues that affect recovery. As family members achieve a better understanding of why and how addiction occurs, they can begin to forgive the addicted family member and begin healing.

Help with the Drug User's Treatment – From the first inquiry through inpatient rehab and beyond, family members remain part of their loved one's treatment process. Through the intense involvement of family members, clinical staff can come to understand family dynamics and address dysfunction, which is essential to treating drug and alcohol problems.

Outcome of Family Services Unit	
Individual Drug Users Counselling	460
Families of Drug Users Counselling	297
Individuals counselling for further treatment at Detox / Rehab	279
Individuals referred to Nair Hospital for further check-up	115
Students reached through awareness programmes	956
Individuals reached through public community awareness programmes	812

Hepatitis - Vaccinate, Test & Treat



Injecting drug use is one of the risk factors in the transmission of hepatitis B & C and hence it is important to provide prevention and treatment services to the Injecting Drug User community. Sankalp Rehabilitation Trust partnered with United Way of Mumbai to Educate, Vaccinate and Test our clients.

Representatives from United Way of Mumbai provided a brief overview on the disease and its implications. The representatives spoke about the different ways an individual can be infected by STI's and the precautions to be taken to avoid the risk of spreading or catching the Virus. This was followed by free testing and HBV vaccination for our clients and staff.

By December 2019, once the test kits became available at the Govt. centres involved in Hep C (HCV) treatment rollout, our clients began accessing this facility. An outreach worker was specially appointed to see that a maximum of our 340 HCV +ve clients could be guided to access this service.



International Drug Day

Illicit Trafficking". In pursuance of this declaration, this day is observed all over the world to raise public awareness against the menace of drugs. During the month-long function, various events are organized worldwide to sensitize various sections of society to the consequences of drug abuse, prevention methods, as well as treatment services available.

In a resolution passed in December 1987, the UN General Assembly proclaimed 26th June as the "International Day Against Drug Abuse and



Talking about recovery at GT Hospital detoxification center



Addiction Awareness program in Juggilal Poddar Academy & Ghanshyamdas Jalan College of Science & Commerce



'Support Don't Punish' rally in Pune with Sahara. Also in attendance were Intelligence Officers from NCB.



Hotspot Meetings at Pydhoni and Grant Road

Networking and Advocacy

Sankalp puts great emphasis on networking with other NGOs. In fact, this is one of the strengths of the organization; that we do not aspire to do everything ourselves, but rather, go to those who have experience and strength in their primary field.

We are glad the BMC provides space wherever possible to be able to reach many more from this marginalized population. Also, through the Directly Observed Treatment Short (DOTS) program, we can make TB treatment available to those who need it among the drug using population. The specialized care provided by B.Y.L. Nair Hospital, L.T.M.G. Hospital, J. J. Hospital, Central Hospital (Ulhasnagar) and TB Hospital at Sewree is of immense help to our clients, as well.

Sankalp is also an active member of the Mumbai AIDS Forum; a network of more than 30 civil society organizations, including individual activists living with HIV in Mumbai. After a successful stint of over 2 years of being secretariat, Sankalp handed over the responsibility to Committed Communities Development Trust (CCDT).

Sankalp has been networking with Medicines Sans Frontiers (MSF) to access treatment for clients with Multi-Drug Resistant Tuberculosis (MDR-TB), and for those with HIV and HCV Co-infection. There is also a strong bond with MSF in their Access Campaign, where we work to get justice from multinational pharmaceutical companies such as Gilead and Roche. Lawyers Collective has helped us through our litigation with many pharma companies, to challenge patents or file pre-grant oppositions. We will continue to strive for better treatment of our clients by actively extending our networking activities with a larger group of organizations.



Mumbai TB Collective Workshop

As part of our Silver Jubilee Year, Sankalp Rehabilitation Trust partnered with MSF to organize a workshop to establish a TB Network for Mumbai. The purpose of the network was to advocate for better treatment and engage with policymakers with demands of the community. The workshop saw over 20 NGOs within the city who work with people affected by TB. Mr. Loon Gante, regional coordinator for South Asia for International Treatment Preparedness Coalition and founder of the Delhi Network of Positive People was invited as guest speaker to share on the importance of forming a network. This was followed by Ms. Leena Menghaney & Jyotsna Singh from MSF taking participants through discussions around access to DST and new DR-TB medicines, latent TB for vulnerable populations, issues related to nutrition for DR-TB patients and Stock-out of medicines and kits. The Assistant Health Officer, Municipal Corporation of Greater Mumbai (MCGM), Dr. Tipre was also invited to be present at the end of our deliberations to listen to the issues from the field.



Fundraising



Since all our services are primarily FREE, and the demands for supplementary services like nutrition, TB drugs and HIV/AIDS support are increasing, Sankalp Rehabilitation Trust is always looking out for donations from individuals and institutions to enable us to continue our mission and help improve countless lives.

As a part of our fundraising and awareness generation activities, Sankalp participated in this year's Tata Mumbai Marathon which was held on 19th January 2020. Apart from being Asia's premier distance running event, Tata Mumbai Marathon is also considered the frontrunner in charity. We had a total of 19 runners participating which included staff, trustees and well-wishers. The event gave a platform to spread various social messages; our runners wore specially designed Sankalp T-shirts and were seen holding banners printed with various slogans and messages. We managed to raise a little over 4 lakhs in donation from our supporters and well-wishers. In all, the event was a great success as we reached so many people in the community and among our partners.

Sankalp rehabilitation Trust also organised a fundraiser musical programme called 'Bloodline' on Fri 26th January 2020 Celebrating 25 years of Sankalp Working with Street Drug Users at the St Andrews Auditorium, Bandra. The show featured some of Mumbai's most talented performers with their blood relations in an evening of celebration and song. The audience was swaying in their seats, clapping to the rhythm and cheering. It was a truly memorable experience. We managed to raise around 11 lakhs from the event.

Events & Highlights



April 13, 2019 : Attending Meeting in Delhi held by Lawyers Collective and MSF on Challenges and Future Action on Long Acting Drugs for HIV and TB



Jul 6th & 7th 2019 : Participating in 2 day National Consultation on HCV Testing and Diagnostics, New Delhi



May 30, 2019 : Awareness program for 440 girls and young boys at the NCC summer camp



28th July : Participated in the Hep C treatment roll out for Maharashtra on World Hepatitis Day. Minister of Health and Family Welfare from State and Centre were present along



Sept 3-4 2019 : Civil Society and Community Consultation on Universal Health Coverage in Chennai



Oct 12 2019 : Attended 2 day meeting in Delhi as part of Pre-Conference preparation for the upcoming 50th World Conference in Hyderabad

Events & Highlights



Oct 30 – 2nd Nov 4, 2019 : Protesting at the opening of the 50th Union World Conference on Lung Health in Hyderabad along with TB survivors and health activists, demanding for companies like J&J, Otsuka, TB Alliance, and Cepheid to bring down prices of life-saving TB drugs



Oct 31 2019 : With Mumbai's outgoing TB chief, Dr. Daksha and newly appointed Dr. Tiple at the World Conference on Lung Disease



Nov 9 2019 : At the Reform Conference in St. Louis, Missouri, getting to the need for Policy change in different countries for the Rights of People who Use Drugs



Nov 20-21 2019 : 2 day National Technical Meeting on FTA negotiations in Delhi.



Nov 22nd 2019 : Participating in the Core group to discuss Universal Health Coverage for all under the WHO banner



Nov 24 - 28 2019 : Visiting our donor, Inspirasia at their headquarters in Bali

Events & Highlights



Dec 18-19 2020 - Invited by National Institute of Social Defence (NISD) for Training of Trainers course on CPLI and ODIC



Dec 31st 2019 : New Year at Mulshi centre in Pune.



Jan 19, 2020 : Participated in the Tata Mumbai Marathon 2020. Total of 21 participated from Sankalp.



Feb 28 2020 : National HCV Consultation in Delhi



March 3rd 2020 : National TB Consultation at the India International Centre with friends across country and Deputy Director General - TB



March 24th 2020 : Distributing food to DIC clients who had major food problems due to initiation of COVID-19 lockdown on 22nd March,



Our Staff & Management

Staff Details:

Gender	Paid (Part Time)	Paid (Full Time)
Male	11	12
Female	0	8
Total		

Volunteer Details:

Gender	Paid	Un Paid
Male	0	2
Female	0	1

Distribution of staff according to payment levels (as on March, 31, 2020)

	Male	Female	Total
<=5000	11	0	12
5001-10000	4	1	5
10001-25000	7	7	13
25000-40000	1	0	1
Total	23	8	31

- Except for Eldred Tellis (Founder Trustee and Executive Director) Rs.24,258/- towards travel costs for day to day monitoring of all centres (Including railway pass and auto fares) Rs. 8627/- for Medicines.
- Total cost National Travel by Board Members/ Staff/ Volunteer on behalf of organisation Rs.8993/-
- Total cost International Travel by Board Members/Staff/ Volunteer on behalf of organisation Rs.81504/-

Our Finance

Balance Sheet as on 31 MARCH 2020

LIABILITIES	2019 - 2020				ASSETS	2019 - 2020			
	Rs.	Ps.	Rs.	Ps.		Rs.	Ps.	Rs.	Ps.
Trust Funds or Corpus					Computer				
Balance as per last Balance Sheet	27,95,105.75		28,25,105.75		Balance as per last Balance Sheet	13,458.97		29,855.38	
Additions during the year	30,000.00				Add: Addition during the year	36,300.00			
						49,758.97			
Income and Expenditure Account					Less: Depreciation for the year	19,903.59			
Balance as per last Balance Sheet	44,09,033.83				Electrical & Other Equipments				
Add: Assets incorporated of Closed Projects	-				Balance as per last Balance Sheet	27,333.85		29,909.22	
Less : Unutilised Grant Returned	-				Add: Addition during the year	7,314.00			
Add/Less: Surplus / Deficit	8,27,133.38		52,36,167.21			34,647.85			
Endowment Fund					Less: Depreciation for the year	4,738.63			
Balance as per Balance Sheet	8,53,313.35				Furniture & Fixtures				
Additions during the year	-		8,53,313.35		Balance as per last Balance Sheet	89,841.96		83,612.76	
Current Liabilities					Add: Addition during the year	2,900.00			
Payable - OTHERS						92,741.96			
PT- March 20					Less: Depreciation for the year	9,129.20			
Unutilised Grant - MDACS I					Motor Vehicle				
Audit Fees Payable					Balance as per last Balance Sheet	3,96,415.68		3,36,953.32	
						-			
					Less: Depreciation for the year	59,462.36			
					Investments				
					Accrued Interest on Investment	1,50,311.36		58,75,248.40	
					Fixed Deposit with Syndicate Bank	12,76,995.04			
					Fixed Deposit with Axis Bank	22,39,840.00			
					Fixed Deposit with Citizen Credit Co Op Bank Ltd.	8,61,087.00			
					Fixed Deposit with Kotak Mahindra Bank	3,01,675.00			
					Fixed Deposit with HDFC Bank	10,45,340.00			
					Current Asset				
					TDS Receivable AY 20-21			36,999.00	
					TDS Receivable AY 19-20			42,948.58	
					EPF Receivable FY 19-20			1,980.00	
					Prepaid Rent			84,000.00	
					Deposits				
					Deposits for Gas Agency	5,868.00		1,17,868.00	
					Deposit for Office Premises	1,12,000.00			
					Branch				
					Cash and Bank Balances:				
					Cash-in-Hand	11,154.08		25,91,923.65	
					Cash at Bank	25,80,769.57			
TOTAL			92,31,298.31		TOTAL			92,31,298.31	

Chartered Accountants
S D Medadkar & co.
 Mr. Sandeep S Shrikhande , Partner

Sankalp Rehabilitation Trust
 Mr. Eldred Tellis, Founder & Executive Director

Income and Expenditure Account for the year ending 31 MARCH 2020

EXPENDITURE	Total Amt in Rs.	INCOME	Total Amt in Rs.
To Establishment Expenses (See Annexure B)	14,738	By Interest (accrued) — On Bank Accounts	
To Legal Expenses (including Professional fees)	29,500	Fixed deposit with Banks	3,76,788
To Depreciation	93,234	Bank accounts	97,979
To Expenditure on objects of the trust		By Grant Received	47,64,268
(a) Religious		By Income from other sources	
(b) Educational & Medical Relief (See Annexure C)	62,04,663	Profit on sale of Bonds	
(c) Relief of poverty		Other receipts- (See Annexure A)	19,30,233
(d) Other Charitable Objects			
To Surplus carried over to Balance Sheet	8,27,133		
Total	71,69,268	Total	71,69,268

Receipt & Payment Account for the year ending 31 MARCH 2020

RECEIPTS	Total Amt in Rs.	PAYMENTS	Total Amt in Rs.
Opening Balance		Expenses for the object of the Trust	61,56,592
Cash	11,010	Purchase of Fixed Assets	46,514
Bank	22,36,380	Investment with Bank	6,00,000
Grants Received	47,56,732	Decrease in Current Liabilities	40,264
Other Receipts	2,35,854	Increase in Current Assets	1,27,473
Bank Interest	97,979	Closing Balance	
Interest on Investments	1,61,399	Cash	11,154
Donations	16,85,579	Bank	25,80,770
Corpus Fund Received	30,000		
Increase in Current Liabilities	2,722		
Decrease in Assets	3,45,113		
TOTAL	95,62,767	TOTAL	95,62,767

Chartered Accountants
S D Medadkar & co.
Mr. Sandeep S Shrikhande , Partner

Sankalp Rehabilitation Trust
Mr. Eldred Tellis, Founder & Executive Director

Thank you

Organisational Donors

Global Aid Committee
Medecins Sans Frontieres
Inspirasia Foundation
United Way of Mumbai
Mumbai District AIDS Control Society
DHL Express (India) Private Limited
Omprakash Foundation
Sahara Aalhad Care Home
Rusan Pharma Ltd
Qatar Airways

1000 Club Donors

Prabhu Oilfield Services
Geetha Menon
Sachin Tarkar
Fr. Joaquim Tellis
Sujata Ganega

Individual Donors

Nirmal Shani
Bina Shani
Ravi Budhiraja
Eldred Tellis
Geeta Sethi
Vera Cyrus Bagwadia
Fatima Guha
David Fernandez
Jacqueline De Sa
Ebco Private Limited
Lilian Rita Vaz
Dominic Saldanha
Arun Sethi
Jaydev K Divecha
Roshan Mulla
Arjun Ramani
Mildred Dabreo
Sairaj Rajendra Nahak
Sonu Tour and Travels
Lavender Philomena Mathilda A Dacosta Fernandes
Eustace D'Souza
Vivek Anil Divan
Gita Coleho
Ambitabh Jha
Velpack Private Limited
Monica Vazivalli
Joan Buckenham
Errol and Maria D'Souza
Sudhir Ganesh Sitapati

Individual Donors

ATZ Shipping Trade and Transport Pvt Ltd
Melvin Tellis
Sidhant Mehra
Vidya V. Ranadive
Kabir Sethi
Seven Islands Shipping Ltd
Rashmi Korjan
The Great Eastern Shipping Co. Ltd
K M Gopakumar
Hotel Avion Pvt Ltd
Gloria Vaz
Unicare Emergency Equipment Pvt Ltd
Jaylaxmi Charitable Trust
The Universal Traffic Co
Rui Albert Sequeira
Aaresh Nariman Patel
Leandro B D'Sylva
Randhir Michael Vieira
Samir Mark Vieira
Priyanka C Vieira
Latika Anne Vieira

Volunteers

Premnath Rajak
Shreya Reddy
Harsh Tarkar



Saving Lives Since 1995

■ **Contact Us** ■

**Registered and Administrative Office
Project Nivara - Community Care Centre**

1st Floor, S S Bengali Municipal School, Thakurdwar Road,
Charni Road (E), Mumbai - 400002, India.
Tel : +91 80977 02685 email: sankalp.trust@gmail.com

■ **DROP-IN-CENTRES** ■

Sankalp Chhaya

(I) Bodyguard Lane RTO, Mumbai - 400 034.
Tel: +91 89767 59545

■ **DETOXIFICATION CENTRE** ■

Father Bobacha Ashram, Bamboo House,
Near Huseini Colony, Babola Bangali Road, Vasai (W), Thane.