



SANKALP
REHABILITATION TRUST
Never, never, give up

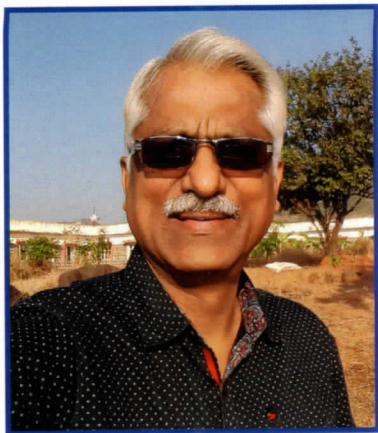
ANNUAL REPORT 2017-2018



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Directors Note



Dear Friends,

The year 2017-2018 was a comparatively quieter year for Sankalp. It was a year when we had to shut down two of our most useful projects since we were given notice for premises at Charni Road. Looking back, it seems that our fears of losing the space were not based on the reality that litigation takes time, and the Computer Training Livelihood Programme could well have continued. As I sit and pen these few lines, even more time has elapsed and this has definitely been a loss for our clients. Besides skill training, the Computer Training Programme provides a great deal of self-worth to those involved and makes their personal recovery stronger due to the confidence they gain.

During the year, we inaugurated a room for a Halfway Home on the same premises of our Detox Centre at Vasai. This will surely help those returning from Rehab to re-enter society through the support they receive when taking on new jobs.

It is important that as we plan for the next year, we look for the gaps and try to meet these unmet needs through meaningful interventions.

For Sankalp Rehabilitation Trust

Eldred Tellis
Executive Director

A Snapshot of Sankalp

 Website: www.sankalptrust.org

Headquarter: Mumbai

Year Founded: 1995

Organization Type	Non profit
Sectors	Health & Education
Geographical focus	Maharashtra
Organization Expenditure 17-18	INR 64,45,722
People reached till date	Sankalp has reached more than 22,000 drug users directly, and has impacted many more family members.
Legal Certification	Sankalp Rehabilitation Trust is registered as a Charitable Society under the Bombay Public Trust Act 1950 Registration Number E15459 (Mumbai), and is also registered under Sec 12A. Sankalp Rehabilitation Trust also has tax exemption under Section 80G of the Income Tax Act. Further, Sankalp Rehabilitation Trust has certified clearance to receive foreign funding under the Foreign Contributions Regulation Act Registration Number No. 083780842 up to November 2021.

Organization Overview

Founded in 1995, Sankalp Rehabilitation Trust provides care and support to street-based drug users and seeks to prevent the spread of HIV/AIDS in Mumbai, India. These drug users, 70% of whom are migrants, mostly inject 'brown sugar', a crude form of heroin. Blood-borne infections constitute a major health issue for Injection Drug Users (IDUs), with major implications for the rest of society as well. From among Sankalp's own patients, approximately 9.5% of IDUs were HIV-positive and another 34% were infected with Hepatitis C.

Since most of the street-based drug using population uses brown sugar, and since it is often administered by injection, steps need to be taken to keep these users free from infection, healthy, and alive until they can find help and make the decision to quit drugs. That's where Sankalp's philosophy of Harm Reduction comes in, providing users with healthcare services to reduce rates of transmission and prevalence of HIV and Hepatitis C, monitoring other infections (especially TB), and lowering levels of crime. Finally, this work helps many drug users connect to a network of support and programs like detoxification and rehabilitation which are available when each person is ready.

Program Overview

Since its inception in 1995, Sankalp has been providing much needed and otherwise non-existent services. In early 1997, Sankalp began family therapy in New Bombay since there were many affected families unable to access help. Sankalp also assisted with setting up a halfway home and skill building units for stand-alone rehabilitation centres which were not previously offering any follow up.

After a 5-city Rapid Situation Assessment in 1999, Sankalp began its harm reduction activities in Mumbai and has till date engaged more than 80% of the IDU population in the city with its activities.

During early years of discrimination, Sankalp both successfully fought legal battles with government-run institutions for the right to healthcare, and has been instrumental in getting the ART program started in the country. The activism through legal battles with big pharma companies like Roche and Gilead helped make drugs accessible and affordable for those suffering from Hepatitis C.

Sankalp was also committed to supporting the non-injecting population and therefore provided treatment through models of abstinence, like detoxification, and rehabilitation centres. With the strong need to reintegrate into society, livelihood programs also took shape. Sankalp can boast of many of its support group members having benefited from these interventions and becoming productive citizens of the country.

Sankalp Rehabilitation Trust carried out the following projects in Mumbai Pune throughout the year

- Targeted Intervention for IDUs supported by MDACS
- Rehabilitation Centre with T.C. Model in collaboration with Lords Ranch Trust
- Detoxification Centre supported by Inspirasia
- Halfway Home supported by Inspirasia
- UN Drug Awareness Program supported by DHL
- Family Services Unit supported by DHL
- Community Care Centre through crowdfunding

Leadership

Since its beginnings, Sankalp has reached more than 22,000 drug users directly, and has impacted many more family members. From helping clients return to and support their families, to become productive members of society, or even to die with dignity, Sankalp has contributed to improvement in the quality of its clients' lives and the lives of their family members in numerous ways. Legal decisions achieved through Sankalp's activism and litigation have impacted millions, not only in India but around the world.

SANKALPS WORK KEEPS NEW INFECTIONS AT BAY

YRG Care, Chennai which had done a baseline in 2013, used Mumbai as a control area as part of their research work. In spite of not having their intervention in Mumbai results showed that Sankalps work kept new infections at bay.

According to the Respondent Driven Sampling of YRG Care completed on 29th June 2017, where 724 IDUs were screened, we had 79 HIV positive (11%) and 241 (33%) HCV positive. This is almost the same as we had during the baseline in 2013 where there were 9.5% HIV positive & 34% HCV positive.

Our Programmes

Targeted Intervention – Drop-In Centre

Sankalp's Drop-in Centre (DIC), spearheaded by outreach workers and peer educators, is at the heart of our harm reduction efforts in the community of injecting drug users (IDUs). The centre offers a multitude of low-threshold services including health education, counseling, and Opioid Substitution Therapy (OST), all designed to lower the negative consequences and risks associated with drug use. The environment of acceptance, peer support, and continued care is vital in motivating IDUs towards recovery and reintegration into society. Staff members follow up with clients to provide consistent support, offer guidance in managing illnesses like TB, HIV, and Hepatitis, and hold daily community meetings to facilitate reflection and sharing about users' experiences. The Drop-in Centre is a lifeline to Sankalp's holistic continuum of care that supports the health and rehabilitation of IDUs. This year, we had 37 new clients, taking the total number of IDUs who benefited from our Harm Reduction programme at the Drop-in Centre to 1536.

Key Outreach Services

Sankalp's initial point of contact with the IDU community is through our staff of Outreach Workers (ORWs) and Peer Educators (PEs), many of whom are former or current drug users, and who are themselves on the road to recovery. Through persistent follow up and daily field visits, they educate users about safe injecting practices and abscess management, and carry out needle and syringe exchange. The latter program, in which IDUs return used and dirty needles and syringes to Sankalp staff in exchange for new, sterile ones, is a cornerstone of our harm reduction strategy. It helps reduce the spread of blood-borne viruses, decreases the risk of developing abscesses, and creates health awareness amongst the target population. Our outreach efforts also include bi-monthly community meetings in 'hot spots' frequented by IDUs, where staff raise awareness and encourage new clients to utilize Sankalp's key services. Throughout the year, a total of 8569 needles and 4624 syringes were exchanged with IDUs.



Counseling

The Drop-in Centre offers a range of counseling services that are integral to providing clients with holistic support. Each client is individually counseled to identify and examine the origin and patterns of their drug use, contributing environmental and psychosocial factors, and HIV status and Hepatitis C triggers. Group counseling sessions enable peers to motivate themselves and each other by sharing their life experiences, family relationships, and understanding of harm reduction strategies. Wherever feasible, clients' families are also counseled to bring about reconciliation, encourage healthy support, and thereby assist users' rehabilitation and reintegration into society.

Personal Health

Our Drop-in Centre is equipped with clinics that are attended daily by a doctor and nurse. The medical staff takes care of the various medical needs of our clients, ranging from diagnostics and distribution of medicine to abscess management. The doctor's main responsibility is to monitor each client's induction process and possible tapering off of Opioid Substitution Therapy (OST). Patients who need additional care and treatment for HIV or TB are referred to appropriate community care centres, critical care facilities, and local government hospitals. We make sure that those referred to public hospitals are given access to bathing facilities and fresh clothing at the DIC, in order to minimize any discrimination they may face there and to help ensure they are not refused treatment.

Opioid Substitute Therapy

This therapy is the backbone of Sankalp's mission of Harm Reduction, as it helps reduce injecting drug use as well as its associated health risks. It enables IDUs to taper off their opioid use in a safe and effective manner, using an oral substitute that eliminates the use of needles and syringes, and thus eliminates the risk of spreading blood-borne infections and developing abscess. The effects of the oral substitute we dispense, known as Buprenorphine, are long-lasting, do not cause euphoria, and come with a lower risk of dependency and addiction. OST is a fundamental part of the process of helping clients move towards rehabilitation and re-entry into mainstream society. This year there were 31 new registrations on OST, taking the total count to 576 clients registered.

Referral Services

Various specialized medical referrals take place at the DIC. Before referring clients for HIV testing, our counselors perform a risk assessment and educate them on how to interpret test results. Clients are then directed to 'Integrated Counseling and Testing Centre' at Nair Hospital or Gaurabai Hospital. Those who test positive are then assisted by peer educators throughout the pre-registration process for antiretroviral therapy (ART), and are asked to repeat CD4 tests every six months. Until recently, only clients with CD4 levels below 350 were referred for ART, however recent UN recommendations have called for a "test and treat" protocol; Sankalp has been creating this awareness in the community.



Those with complaints of persistent cough are referred to nearby DOTS centres, where they undergo TB screenings. We are also grateful to our network partners, Médecins Sans Frontières (MSF), who helped us with Hepatitis C testing and treatment. This year, 790 STI screenings were conducted, out of which 10 individuals were found to be positive. 353 HIV tests were done, of which 6 people were reported positive and put on treatment.

Mumbai Central Drop-in-Centre Performance Indicator FY 17-18	
Outreach Services	
Total clients ever registered	1536
New registrations for the year	37
STI & ICTC	
Screened for STI	790
Tested for HIV	353
Condom Distribution	
Condoms Distributed	4805
OST	
Ever registered on OST	576
New registrations of OST	31
Average individuals regular on OST	88
NSEP	
Needles were distributed	8569
Syringes were distributed	4624

Detoxification Centre: Sankalp Disha

Sankalp Disha, inaugurated in March 2011 with the support of INSPIRASIA, is a twelve-bed residential detoxification centre. Originally located in Vithalwadi, it later moved to Vasai in 2013. Sankalp Disha's intensive 15-day programme aims to address clients' physical addiction in a supportive and non-judgmental environment, and is for individuals of all religious and cultural backgrounds.

During the 15-day in-patient detoxification program, clients are provided comprehensive medical and psychological care by trained personnel. The use of Buprenorphine for OST is tapered off, and the on-site doctor treats and manages withdrawal symptoms such as tremors, insomnia, hallucinations and vomiting. All clients attend regular consultations with the psychiatrist.



The client's alcohol/drug use disorder history is fully recorded in an extensive format within a week of his admission, when he is physically and mentally stable. Sankalp Disha uses a cognitive therapy approach, and follows the '12-Step Recovery Programme' successfully used by Alcoholics Anonymous and Narcotics Anonymous. The clients are provided with individual and group counseling on daily basis on a variety of issues that affect their shattered lives. Rational Emotive Behavior Therapy (REBT), disease of addiction & relationship, addictive thinking & behavior, stress and anger management, financial management, sex- and relationship-related issues and spiritual bankruptcy are all common topics for daily group counseling sessions. Clients are also counseled on a one-to-one basis, where they delve into the circumstances surrounding them at the start of their drug use, family relationships, finances, and motivation for recovery. Since family support is a substantial driver of successful recovery, our staff conducts home visits, as well as joint client-family counseling sessions to strengthen relationships.

Many clients are referred for long-term residential rehabilitation at the 'Good Shepherd Recovery Home' provided by our networking partner, The Lord's Ranch Trust. Regardless of whether or not clients proceed to formal rehabilitation, various follow-up initiatives ensure continued treatment after our clients leave Sankalp Disha.

This year we had a total of 115 clients admitted to our detoxification centre. We were glad to see that out of these clients, only around 25% were relapse/repeat cases.

Sankalp Disha	
Total Admitted to Detox	115
New clients admitted	86
Clients readmitted	29
Counselling	
Total Individual Counseling Sessions	726
Total Group Counseling Sessions	577
Total Family Counseling Sessions	120

Good Shepherd Recovery Home

Set up in January 2010, Good Shepherd Recovery Home (GSRH) is our rehabilitation centre located in the peaceful and scenic surroundings of Pune, near the Warasgaon Dam. Here, clients undergo a four-month long structured and comprehensive rehabilitation experience, where our well-trained, experienced, and dedicated staff introduces them to a range of therapeutic approaches to recovery. GSRH accepts clients from every strata of society and age group, from 18 to 70 years of age, but primarily aims to serve the most marginalized individuals, including HIV positive drug users.



The rehabilitation programme at GSRH is based on Evidence Based Programmes (EBPs). EBP tools and strategies are implemented in various sessions every week, and are designed to restore the self-image and self-respect that drug users or alcoholics tend to lose during their using period. This Sankalp-run residential programme on the premises of the Lords Ranch Trust includes individual and group counseling sessions, therapeutic listening and problem solving programmes, and tackles individuals' specific life situations with tailored strategies. The staff also organizes a range of therapies and tutorials for the mind, body, and soul through team games, physical exercises, meditation sessions, intensive group therapy, sharing experiences and stories with others in recovery, and exposure to the Narcotics Anonymous programme.

In addition to the psychological and social support that clients receive, work therapy is an important part of the rehabilitation process. Clients participate in vegetable gardening, poultry farming, cooking, maintenance, and cleaning. During these work therapy sessions, the supervisor or counselor's keen eye easily detects clients' hidden talents, aptitudes, and skills. This is essential for encouraging, training, and further equipping clients when they are ready to enter mainstream society.



In conjunction with clients' participation in GSRH, family involvement is highly recommended, since positive and healthy relationships are a vital source of support during an addict's recovery process. Therefore, a trained family counselor from Sankalp Rehabilitation Trust holds monthly meetings with families following a self-help model, with the counselor acting as a facilitator and encouraging family members to cooperate and help each other. These meetings are held at Sankalp's head office at Charni Rd, Mumbai, on the third Thursday of every month. Depending on a patient's progress, families are invited to the GSRH centre once they have completed three months of the programme. These activities help family members learn to address

their own issues that may have contributed to the patients' drug use, and provide a positive environment for clients returning home from the rehabilitation centre.

This year, we had a total of 30 new clients enter the rehabilitation programme. A majority of those clients are still in touch with Sankalp, and are living clean, responsible and healthy lives.

Halfway Home

Many who are recovering from substance abuse issues find that in order to remain sober immediately following treatment, they must immerse themselves in a sober living environment. For many patients, living in a Halfway Home that offers a positive, drug and alcohol-free, group living environment can be a helpful and crucial step along the way to ultimate recovery. Whether referred to as a 'sober living home', a 'halfway home' or a 'sober house', all these names refer to a drug and alcohol-free, community living environment intended as a transitional living phase for those who have attended a residential rehab facility for drug or alcohol addiction.

Those in recovery who have lost a lot during active addiction benefit greatly from having a transitional period, to ensure that they are stable in their recovery before going home to deal with the stressful situation left behind. Most of those coming to Sankalp Rehabilitation Trust are street drug users and need to start life from scratch. Spending time at a Halfway Home can increase the chances of long-term recovery, because it further prepares a person for dealing with real-life situations once again.

With this need in mind, we decided to utilize additional space above our Detoxification Centre premises as a Halfway Home, to support those in treatment who are without a home in Mumbai. A top floor was constructed which houses 6 beds for these clients.

The objective is to offer a positive place for recovering addicts to find recovery support in their peer group, and allow residents to work on their unique recovery program towards becoming completely self-supportive and reintegrated into mainstream society. The services available at the Halfway Home are very similar to what is offered through treatment, but because the home allows the freedom to live a normal life, clients have the opportunity to take what they are learning and immediately apply it to real-life situations. Whether one is successful or not in their daily dealings, they can take their experiences back to a stable and positive environment where a counselor, doctor, or therapist can help analyze it.

This Halfway Home is yet another step closer to delivering a comprehensive and integrated continuum of services to our clients. During the year, we had a total of 21 individuals utilizing this service and greatly benefiting from it.



International Drug Day

In a resolution passed in December 1987, the UN General Assembly proclaimed 26th June as the "International Day Against Drug Abuse and Illicit Trafficking". In pursuance of this declaration, this day is observed all over the world to raise public awareness against the menace of drugs. During the month-long function, various events are organized worldwide to sensitize students, youth and other vulnerable sections of society to the consequences of drug abuse, prevention methods, as well as treatment services available.

In observation of International Day against Drug Abuse and Illicit Trafficking, Sankalp conducted various awareness campaigns throughout the city, including educational programmes at schools and colleges, informational stalls at key train stations, and interactive and motivational talks at government detox centers.



Interacting with the Railway Police at CST Station



Program for staff & patients at G.T Hospitals Rehabilitation Ward.



Street Play at CST Station, through Smita Patil Theatre



Awareness Program for students at St. Isabel High School, Mazgaon



Program for inmates, especially those who use drugs at Thane Jail



Interacting & distributing IEC material at a stall at CST station



Session for NCC students at Maharshi Dayanand College



Educational session with students at Gopi Birla Memorial School



Awareness & Educational program for Students at RC School

Family Services Unit

When recovering from addiction, family engagement is key. The family needs to heal from damages caused by addiction. At the same time, the family plays an integral role in their loved one's rehabilitation and recovery process. Studies show that treatment approaches that involve the family have better engagement, higher rates of success, and increased aftercare participation.

At Sankalp, we believe that to treat the addicted person, we need the knowledge, experience, and support of the entire family. We understand that families affected by drugs and alcohol need healing just as much as the addict. We firmly believe that dealing with family problems forms the basis for a lifelong recovery—for everyone.

What We Do

Help Families of Drug Users – Addiction to drugs or alcohol affects entire family systems. Every family member experiences pain and dysfunction that must be addressed and treated in order for the family to have a chance of healing and becoming whole. We will involve family members in an individual's drug and alcohol treatment to help them achieve a better understanding of addiction, family dynamics, relationships, the cycle of enabling, and other issues that affect recovery. As family members achieve a better understanding of why and how addiction occurs, they can begin to forgive the addicted family member and begin healing.

Help with the Drug User's Treatment – From the first inquiry through inpatient rehab and beyond, family members remain part of their loved one's treatment process. Through the intense involvement of family members, clinical staff can come to understand family dynamics and address dysfunction, which is essential to treating drug and alcohol problems.

Outcome of Family Services Unit	
Individual Drug Users Counselling	1134
Families of Drug Users Counselling	405
Individuals who sought further treatment at our centers	24
Individuals referred to Nair Hospital for further check-up	68
Students reached through awareness programmes	1240
Individuals reached through public community awareness programmes	547



Group Family Counselling



Family visit to GSRH



Community Awareness Programs



School Awareness Programs



Individual Family Counselling



Home Visits

Programs related to Family Services and Community
& School Awareness are sponsored by DHL India

Community Care Centre

The Community Care Centre's Nivara Project is fundamental to providing clients a continuum of care. The Nivara Project provides individuals starting treatment for HIV, Hepatitis C and or Tuberculosis a place to stay until they can manage on their own back on the streets. Patients receive support for testing, registration, and coping with the initial and often uncomfortable side effects. At present, there is no external funding for Nivara, so Sankalp is only operating the centre for those who are in urgent need or are showing positive strides in their recovery.

The centre also hosts Support Group Meetings every month for individuals who are HIV positive. The aim of the support group is to provide a safe, non-judgmental environment where people can communicate freely and find the emotional support they need to better normalize HIV in their lives. Meeting other people who are HIV positive and share the same concerns, fears and medical issues can reduce the stigma and relieve stress from the daily challenges of living with HIV. For some, it's also the first place where they can acknowledge to another person that they are infected. The meetings help individuals to transition from being a person with HIV to a person truly living with HIV. To motivate and encourage more individuals to come, we also provide them with lunch before the meeting begins. Since most who attend are from the streets, this ensures that they at least get a nutritious meal – which is important to make one's body and immune system stronger. We thank Citizen Credit Co-operative Bank Ltd for their continued support, which goes towards this nutritious lunch for all attendees.



Networking and Advocacy

Sankalp puts great emphasis on networking with other NGOs. In fact, this is one of the strengths of the organization; that we do not aspire to do everything ourselves, but rather, go to those who have experience and strength in their primary field.

We are glad the BMC provides space wherever possible to be able to reach many more from this marginalized population. Also, through the Directly Observed Treatment Short (DOTS) program, we can make TB treatment available to those who need it among the drug using population. The specialized care provided by

B.Y.L. Nair Hospital, L.T.M.G. Hospital, J.J. Hospital, Central Hospital (Ulhasnagar) and TB Hospital at Sewree is of immense help to our clients, as well.



Sankalp is also an active member of the Mumbai AIDS Forum; a network of more than 30 civil society organizations, including individual activists living with HIV in Mumbai. After a successful stint of over 2 years of being secretariat, Sankalp handed over the responsibility to Committed Communities Development Trust (CCDT).

Sankalp has been networking with Medicines Sans Frontiers (MSF) to access treatment for clients with Multi-Drug Resistant Tuberculosis (MDR-TB), and for those with HIV and HCV Co-infection. There is also a strong bond with MSF in their Access Campaign, where we work to get justice from multinational pharmaceutical companies such as Gilead and Roche. Lawyers Collective has helped us through our litigation with many pharma companies, to challenge patents or file pre-grant oppositions.

We will continue to strive for better treatment of our clients by actively extending our networking activities with a larger group of organizations.

THE SPIRIT OF HOPE 2017 In Aid of Sankalp Rehabilitation Trust

On the evening of Thursday, 22nd December, the Saldanha International Academy hosted "The Spirit of Hope 2017 In Aid of Sankalp Rehabilitation Trust", with The Shillong Chamber Choir and the European Concert Orchestra. The event took place at The Taj Lands' End, Sea Side Lawns, Bandra (W) and ran from 6PM onwards. This partnership entitles Sankalp to a part of the proceeds and donations received during the event, which will assist us in continuing our ground-breaking work in the treatment and rehabilitation of street-based drug users, in addition to making low cost anti-retro viral therapy available to HIV positive and AIDS patients.

"The Spirit of Hope" annual concert series has been a hugely popular event held in Bandra during the festive Christmas season for the past 2 years, in front of packed audiences of over 5000 people. The concert was staged by the highly-acclaimed Padma Shri Awardee Neil Nongkynrih who mentored The Shillong Chamber Choir, together with several local artists and celebrities like Boman Irani. The host of the event was Capt. Allwyn Saldanha and special guest Adv. Ashish Shelar.

Events & Highlights



Raising awareness & funds through
Tata Mumbai Marathon



Mark Waugh interacting with Sankalp clients
at the Drop in Centre in Mumbai Central



Mr. Tellis being Interviewed for BBC documentary
on cost of medicines and the workings of
Big Pharma Companies



Joins as Co-Sponsors for

**HUMAN RIGHTS CHALLENGE: ONE YEAR LATER,
DRUG WAR EXTRAJUDICIAL KILLINGS CONTINUE**
SIDE EVENT AT THE UN COMMISSION ON NARCOTIC DRUGS ANNUAL MEETING,
VIENNA

Extrajudicial killings in nations' "drug war" campaigns have plagued multiple countries. This session will review the current situation in countries affected by extrajudicial drug war killings, national and international advocacy efforts to stop them, and interrelated matters such as social media manipulation and the struggle to promote and preserve democratic institutions.

— Featuring —

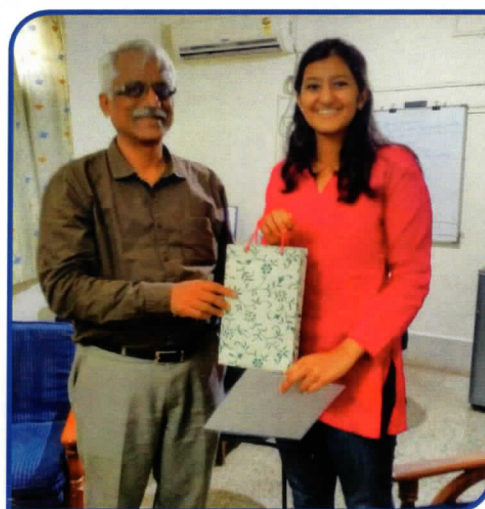
Senator Antonio "Sonny" Trillanes, Republic of the Philippines
Senator Leila de Lima, Republic of the Philippines (written statement)
Elecer Carlos, DEFEND human rights coalition, Philippines
Ricky Gunawan, LBH Masyarakat | Community Legal Aid Institute, Indonesia

— Moderated by —

David Borden, Executive Director, DRCNet Foundation (AKA "StoptheDrugWar.org") and
Marco Perduca, former Senator, Italy, Luca Coscioni Association

Thursday 15 March, 2:20pm CET, Room MOE79

Sankalp Co-Sponsors for Human Rights
Challenge for Extrajudicial Killings



Volunteer Malvika Govil through
our partner Omprakash

Our Staff & Management

Staff Details:

Gender	Paid (Part Time)	Paid (Full Time)
Male	14	10
Female	0	9
Total		

Volunteer Details:

Gender	Paid	Unpaid	
Male	0	2	Siddharth, Premnath
Female	0	1	

Distribution of staff according to payment levels (as on March 31, 2018)

	Male	Female	Total
<=5000	14	0	14
5001-10000	4	4	8
10001-25000	6	5	11
Total	24	9	33

* Except for Eldred Tellis (Founder Trustee and Executive Director) Rs.16536/-towards travel costs for day to day monitoring of all centres (including railway pass and auto fares) Rs. 5698/-for medicines

* Total cost National Travel by Board Members/Staff/ Volunteers on behalf of organisation Rs. 870/-

Total cost of International Travel by Board Members/Staff/ Volunteers on behalf of Organisation : Nil

Our Finance (Balance Sheet & I&E & R&P)

Balance Sheet as on 31st March 2018

LIABILITIES	2017 - 2018				ASSETS	2017 - 2018			
	Rs.	Ps.	Rs.	Ps.		Rs.	Ps.	Rs.	Ps.
Trust Funds or Corpus					Computer				
Balance as per last Balance Sheet	2,340,105.75				Balance as per last Balance Sheet	29,729.04			
Additions during the year	150,000.00		2,490,105.75		Add: Addition during the year	5,850.00			
						35,579.04			
Income and Expenditure Account					Less: Deprecation for the year	21,347.42		14,231.62	
Balance as per last Balance Sheet	4,593,367.06				Electrical & Other Equipments				
Add: Assets incorporated of Closed Pro.	-				Balance as per last Balance Sheet	36,482.91			
Less : Unutilised Grant Returned	-				Add: Addition during the year	-			
Add/Less: Surplus /Deficit	267,330.78		4,860,697.84			36,482.91			
					Less: Deprecation for the year	5,472.44		31,010.47	
Endowment Fund					Furniture & Fixtures				
Balance as per Balance Sheet	853,313.35		853,313.35		Balance as per last Balance Sheet	110,916.00			
Additions during the year	-				Add: Addition during the year	-			
Current Liabilities						110,916.00			
Audit Fees Payable	29,500.00		29,500.00		Less: Deprecation for the year	11,091.60		99,824.40	
Unutilised Grant - MDACS I	270,082.00		270,082.00		Motor Vehicle				
					Balance as per last Balance Sheet	548,672.23			
					Less: Sold during the year	-			
						-			
					Less: Deprecation for the year	82,300.83		466,371.40	
					Investments				
					Accrued Interest on Investment	214,856.87			
					Fixed Deposit with Syndicate Bank	866,834.23			
					Fixed Deposit with Axis Bank	1,768,526.00			
					Fixed Deposit with Citizen Credit				
					Co Op Bank Ltd.	766,050.00			
					Fixed Deposit with Deutsche Bank	293,462.49			
					Fixed Deposit with HDFC Bank	1,045,340.00		4,955,069.59	
					Current Asset				
					TDS Receivable AY 18-19			26,935.98	
					TDS Receivable AY 17-18			12,502.03	
					TDS by Deutsche Bank AY 17-18			2,651.34	
					Prepaid Rent			12,000.00	
					Loans and Advances			80,000.00	
					Deposits				
					Deposits for Nutan Gas Agency	2,900.00			
					Deposit for Office Premises	110,000.00			
					Deposit for Bharat Gas	950.00		113,850.00	
					Cash and Bank Balances:				
					Cash-in-Hand	2,281.08			
					Cash at Bank	2,686,971.03		2,689,252.11	
TOTAL			8,503,698.94		TOTAL			8,503,698.94	

Income and Expenditure Statement for the year ending 31 MARCH 2018

Income	Total Amt. in Rs.	Expenditure	Total Amt. in Rs.
By Interest (accrued)		To Establishment Expenses (See Annexure B)	4,142
On Bank Accounts	348,082	To Depreciation	120,212
Fixed deposit with Banks	82,278		
Bank accounts			
By Grant Received	5,026,138	To Expenditure on objects of the trust	
By Income from other sources		(a) Religious	
Profit on sale of Bonds		(b) Educational & Medical Relief (See Annexure C)	6,054,037
Other receipts- (See Annexure A)	989,223	(c) Relief of poverty	
		(d) Other Charitable Objects	
		To Surplus carried over to Balance Sheet	267,331
TOTAL	6,445,722	TOTAL	6,445,722

Receipts & Payments for the year ending 31 MARCH 2018

Receipts	Total Amt. in Rs.	Payments	Total Amt. in Rs.
Opening Balance		Expenses for the object of the Trust	5,907,837
Cash	7,308		
Bank	2,320,334	Purchase of Fixed Assets	5,850
		Decrease in Current Liabilities	142,094
Grants Received	5,118,440	Increase In Assets	61,839
Other Receipts	280,395		
Bank Interest	82,278	Closing Balance	
Interest on Investments	148,688	Cash	2,281
Donations	699,428	Bank	2,686,971
Corpus Fund Received	150,000		
	8,806,872		8,806,872

Chartered Accountants:
S D Medadkar & Co.
Mr Sandeep S Shrikhande, Partner

Sankalp Rehabilitation Trust
Eldred Tellis, Founder & Executive

Thank You



omprakash



CITIZEN CREDIT
CO-OPERATIVE BANK LTD



Organisational Donors

Inner Wheel Club of Bombay North Charity Trust
Citizen Credit Co Operative Bank Ltd..
Mumbai District AIDS Control Society (MDACS)
Inspirasia Foundation
DHL Express India Pvt Ltd
DHL Express India Pvt. Ltd.
Global AID Committee
United Way of Mumbai
Omprakash
Children Welfare Centre High School
Wockhardit Limited
N Q Miranda Charity Trust

1000 Club Donors

Prabhu Oilfield Services
Pearl Misquitta

Trustees

Blossom Coutinho
Geraldine Saldanha
Sujata Ganega
Geeta Sethi
A V Krishnan
Avinash Pawar
Ravi Budhiraj
Eldred Tellis

Individual Donors

Anselm Eustace Coutinho
Supreme Copy Centre
Philomena Gomes
Dimple Dinesh Raghani
Nirmala Niketan
Mildred D'Abreo
Randhir Vieira
Samir Vieira
Latika Vieira
Priyanka Vieira
Roshan Mulla
Sudhir Sitapati
Ambitabh Jha
Melvin Tellis
Ashwini Cable Vision
Microtronics Services Centre
Tauro Lancelot Ronald
Vivek Divan
Arjun Ramani
Ebco Private Limited
Vivanka Damani
R M Charitable Trust
Cyrus Adi Bagwadia
Jamshir Bagwadia
Shireen Bagwadia
Nirmal R Shani
Bina N Shani



SANKALP

REHABILITATION TRUST

Never, never, give up

Contact US

Registered and Administrative Office

Project Nivara-Community Care Centre

1st Floor, S.S. Bengali School, Thakurdwar Road, Charni Road (E), Mumbai - 400 002. India

Tel.: +91 80977 02685 email : sankalp.trust@gmail.com

DROP-IN-CENTRES

Sankalp Chhaya

(I) Bodyguard Lane Near RTO,
Mumbai - 400 034.

(II) Gokuldham Co-Op. HSG. Soc. Ltd. (Walintine View),
Shop No. 22, Sane Guruji Marg, Tardeo, Mumbai - 400 034.

Contact No.: +91 22 6575 9545

Detoxification Centre

Sankalp Disha

Father Bobacha Ashram

Bamboo House, Near Huseini Colony, Babola Bangali Road,
Vasai (W), Thane. Contact No.: 0250-2021270